

The Office of Family Life Ministries
in the Archdiocese of Newark presents:

Learn How To Avoid Frustrated Parenting



**FREE EVENT
JOIN US
DINNER
INCLUDED**

**JOIN US FOR OUR ANNUAL SINGLE PARENTS DAY CELEBRATION
PRESENTED BY CERTIFIED PARENTING COACH,
LOYLA LOUVIS, AACC, OF MOTHERS IN TRAINING AS WE EXPLORE
THE ABC'S OF EFFECTIVENESS IN PARENTING SO YOU CAN
GAIN COOPERATION AND AVOID FRUSTATION.**

**APRIL 24, 2019 • 6:45PM - 8:00PM • NOTRE DAME RC
CHURCH, 359 CENTRAL AVE., NORTH CALDWELL**

Discover how to identify family roles, establish your power words, develop emotional intelligence, balance privilege-to-responsibility ratios, create a family identity and more! Dinner/dessert included. No fee event.

Donations accepted. RSVP to: <https://conta.cc/2EhSRFx> or
Lauren.Egan@rcan.org