



## **Grief to Grace Retreat – Healing the Wounds of Abuse Kearny, New Jersey – September 10 thru 15, 2017**

This is the perfect time to embrace the healing you deserve. Survivors of abuse are invited to end the isolation and shame of past trauma as you embrace mercy, love and a miraculous journey to wholeness. Experience renewal and transformation of the toxic grief that lingers in your body and mind into a wellspring of cleansing grace to bring forth justice and inner peace.

Painful wounds can be the vehicle for exploring and revealing the deepest textures of your heart by journeying into the grief, opening to safely release the pain, and allowing ourselves to be taught, as we journey in solidarity without fear; without holding back; without blame or denial. You will recognize, perhaps for the first time, that Christ was beside you in every moment of your history. Grief to Grace provides a unique way to face the depth and tragedy of abuse while reclaiming your value and exceptional human dignity.

Grief to Grace is a five day psychological and spiritual journey for anyone who has suffered violation through physical, emotional or sexual abuse or neglect. It is appropriate for those who have endured rape, incest, or other forms of traumatic violation in childhood, adolescence or as an adult. It is also suitable for those who have suffered spiritual or sexual abuse by a member of the clergy. This model of care provides a powerful therapy for the soul.

Grief to Grace will help you identify the ways that past abuse may still impact your spirit as you enter into powerful meditations and reflections that allow your body and mind to be transformed into a new way to trust and appreciation your unique gifts, courage, creativity, and authentic yearning for connection and a supportive community. Embark on an adventure to release the pain and move forward in resurrection, reconciliation and freedom.

Please contact us for more details about Grief to Grace Retreats. Contact Cheryl at (973) 497-4350 or Jeanne at (610) 203-2002 or send an e-mail to [rileyche@rcan.org](mailto:rileyche@rcan.org). Additional information and upcoming retreats in other locations can be found at [www.griegtograce.org](http://www.griegtograce.org). The retreat was composed by Dr. Theresa Burke, author of the Rachel's Vineyard Retreats for healing after abortion.

*The retreat had a deep spirituality combined with a sound psychological foundation. It created a blessed, safe oasis of healing. Words cannot really do justice to the grace and healing of this wonderful experience. It was a journey into the mystery of my own soul. I was fascinated by the retreat and speechless at the depth of the growth and healing it facilitated. The commitment, love and compassion of the team and participants was awesome!"*